ATLANTA INNOVATIVE MEDICINE
8460 Holcomb Bridge Road
2nd Floor, Alpharetta, GA 30022

Pain and Stress Assessment

Please fill out completely.

Patient Name_____ DOB_____

Telephone (Cell)_____ (Work)_____ (Home)_____

Address_____ City_____ State_____ Zip_____

Occupation_____ # Hours Per Week Currently Working _____

Spouse's Occupation_____ # Hours Per Week Currently Working _____

Email_____

Please ONLY mark the main reason(s) you are here today. *Circle* primary complaint.

- ❒ Lower back pain
- ❒ Pain between shoulders
- ❒ Neck pain
- ❒ Joint shoulder pain
- ❒ Mid back pain
- ❒ Other _____
- ❒ Tension across top of shoulders
- ❒ Numbness/tingling in arms/hands
- ❒ Numbness/tingling in legs/feet
- ❒ Joint knee pain
- ❒ Headaches
- ❒ Achilles
- ❒ Nervousness
- ❒ Sleeping problems due to pain
- ❒ Hip/buttocks pain
- ❒ Joint elbow pain
- ❒ Fatigue
- ❒ TMJ

Which of the above is the **worst problem**?_____

How long have you had this problem (including off and on)? _____ years/months

At its worst, how bad is the pain from 1-10 (with one being no pain and ten being severe pain)?_____

Food and Chemical Sensitivity Questionnaire

Please mark any of the following symptoms that you have experienced in the past 60 days.

Digestive Symptoms
- Stomach pains or cramping
- Constipation
- Diarrhea
- Reflux or heartburn
- Bloating
- Gas
- Nausea or vomiting

Sinus/ Respiratory
- Stuffy or runny nose
- Asthma
- Chest congestion
- Chronic cough
- Wheezing
- Frequent sneezing

Head/Ears
- Migraines
- Headaches
- Earaches
- Ear infection
- Ringing in ears

Emotional/ Mental
- Depression
- Anxiety
- Mood swings
- Irritability
- Poor concentration

Energy
- Fatigue
- Hyperactivity
- Lethargy
- Restlessness
- Insomnia

Skin Disorders
- Eczema
- Dermatitis
- Excessive sweating
- Rashes
- Hives

Weight
- Inability to lose weight
- Food cravings
- Binge eating
- Water retention

Eyes/Throat
- Itchy eyes
- Watery eyes
- Sore throat
- Persistent canker sores

Other Symptoms
- Joint pain
- Arthritis
- Irregular heartbeat
- Chest pains
- Muscle aches